



## Thinking with Critical Insight

Students will learn to explore challenges, defy incorrect assumptions, and look at things with new and differing perspectives, incorporating these insights into your thought processes, and enabling them to find solutions to even the most difficult tasks.

**Length Days: 2 | Length Hours: 16**

## Target Audience

Professionals who want to make the best decisions and develop creative and elegant solutions to challenging problems.

## Course Objectives

After completing this course, students will be able to:

- Enable you to evaluate, identify, and distinguish between relevant and irrelevant information
- Engage critical thinking through curiosity and your ability to ask good questions
- Apply the eight best practices of critical thinking in practice
- Leverage open mindedness to become more receptive and highly tuned for new ideas

## Course Outline

### 1 - The Challenges of Modern Thinking

Becoming a Rational Thinker

Critical Thinking in Application

Applying Reason

Developing Open-Mindedness

Stepping Out of Your Comfort Zone

Avoiding Jumping to Conclusions

Expecting and Initiating Change

Being Ready to Adapt

Thinking Logically

## 2 - Critical Thinking Best Practices

Listening Actively

Evaluating Information

Making Assumptions

Watching Out for Bias

Asking Clarifying Questions

Performing SWOT Analysis

Benefitting from Critical Thinking

## 3 - Putting It All Together

Changing Your Perspective

Considering Other Viewpoints

Dealing with New Information

Solving Problems

Identifying Inconsistencies

Asking Why

Evaluating the Solution

Retaining Your New Skills

Reflecting and Learning from Mistakes

Asking Questions on an Ongoing Basis